

LILI & LOLA

KG - Grade 1



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Grade 1



Lili & Lola is a 15-lesson curriculum designed to help children in kindergarten and Grade 1 develop executive function and foundational social-emotional skills. Based on the animated series Lili & Lola, the program follows the adventures of two playful sisters living in a small apartment in a big city with their Mama, Papa, and their lazy cat, Kensington.

Each lesson weaves together engaging storytelling, literacy development, and social-emotional learning, helping children build essential skills in self-regulation, empathy, and problem-solving—while embracing the joy of curiosity and discovery.

Sample Lesson Plan: *Lili Picasso*

Target Lessons: Honesty, integrity, self-monitoring responsible decision-making



SAMPLE LESSON PLAN

LILI PICASSO

Story Summary

When Lili accidentally turns in the wrong painting for a school assignment, she receives praise for the picture, but her cat was really responsible for the “masterpiece.” Rather than tell anyone the truth, she continues to accept compliments, even though she feels guilty. Things get worse when the painting wins a contest. Lili knows she can’t accept the award. What will she do?



Story Lessons

- * Encourage children to tell the truth, even if it is uncomfortable or might lead to losing praise or a reward. Remind them that telling the truth has emotional rewards too. It can make them proud, feel less guilty, gain respect from others, and more.
- * Help children realize that one problem with lies is that they often lead to more lies.
- * Inspire children to not take credit for others' work.



SAMPLE LESSON PLAN

Class Plan

Pre-Viewing Activity (5 minutes)

Ask students “Why is it a good idea to tell the truth? How does telling the truth feel?” Talk about some of the social and emotional benefits such as feeling proud and earning the respect of others. Then discuss what could go wrong if someone does NOT tell the truth. In addition to feeling guilty, lies often lead to more lies, and gets harder and harder to tell the truth.

Sometimes it’s very difficult to tell the truth. Ask students to remember (or imagine) times when it was hard for them to speak up about the truth. For example, if you make a mistake, you might not want to admit it because you might get in trouble. Another example is if you accidentally receive praise for something another person did. In those situations, you might be tempted to lie, or just not say anything at all

In the story students are about to see/hear, Lili is faced with a similar dilemma. She’s tempted to hide the truth, in order to win a great prize. But not admitting the truth makes her feel guilty as well.

Watch or Read Episode (approximately 10 minutes)

Post-Viewing Discussion Questions (approximately 10 minutes)

Why did Lili let her teacher think that she painted the picture all by herself? Why didn’t Lili tell the teacher that her cat ‘helped’?”

(Discussion: Lili was worried that if she told the truth, her teacher wouldn’t think she’s a great artist. She was embarrassed to admit the truth, especially as more and more people praised her talent.)

When Lili’s teacher loved the picture and said, “Lili, you [painted] this?’ how did Lili feel? What should she have told her teacher?

(Discussion: Lili enjoyed the praise for her artwork, even though she didn’t paint it by herself. She should have told the teacher the truth. She could have said, “I did make a painting but my cat did it with me. My cat rubbed its paws all over the painting and made it look like this.”)

How does it feel when someone takes credit for something you did?

(Discussion: It can feel upsetting because everyone wants to get credit for their work. Having someone else get credit for something you did doesn’t feel fair.)



SAMPLE LESSON PLAN

Is it ever too late to tell the truth? (Lili's troubles get worse and worse as more people praise her for the painting.)

(*Discussion:* Usually not. Lili saw that by not telling her teacher the truth, the problem got worse, and it became harder to admit that she didn't make the winning painting by herself. But, in the end, she told the truth even though it was hard; everything turned out well, and she felt much better.)

In-Class Activity – for 50-60 Minute Lesson (Approximately 30 Minutes)

1. Introduce the activity by summarizing Lili's decision to tell the truth. You could say, "Lili found it hard to tell the truth in front of her whole class. If you were in a similar situation, what could you do to make telling the truth easier?" After listening to student responses, you could add, "When it is hard to tell the truth, start by telling just one person you trust, like a parent or a teacher. This person might be able to help you find a good way to share the truth with others."
2. Tell students they are going to do a simple art project. They are going to create a special prize for themselves, a paper trophy to honor a time when they told the truth even though it was hard to do. Maybe there's a time when they didn't want to admit that they did something wrong, but they told the truth anyway. Or maybe there's a time when someone thought they did something good, but they weren't really the ones who did it.
3. Divide students into groups. Give each student a copy of the "A Prize for the Truth" page (or have them draw one on a blank sheet of paper), and something to write and color with. Read the directions aloud. Ask students to draw a picture on the front of the trophy of a time when they told the truth. Then help each student write his/her name on the trophy base, and write a one- or two-sentence description of the time they told the truth inside the trophy plaque. Next, help children cut out their trophies (keeping the strip at the bottom of the trophy attached). Make the base of the trophy by bringing the two ends of the strip back behind the trophy and taping them together to form a large circle (see the sample illustration).

NOTE: You can also make extra copies of this page, to give them to children as a reward whenever they tell the truth in a tricky situation.



SAMPLE LESSON PLAN

ACTIVITY ONE: A Prize for the Truth

Directions:

Draw a picture on the Truth Trophy to show a time when you told the truth. Keep your trophy somewhere special, and feel proud – you told the truth!

